## How you can help

There are many ways you can contribute to the Loudoun Serenity House mission.

Become a Peer Recovery Specialist
We sponsor certified training courses
and offer service hours for PRS
accreditation.

#### Volunteer

Our volunteers help make our recovery services more available, robust and welcoming for residents and participants.

#### Become a Partner

We need community partners to add to our growing list of client services and community programs.

#### Donate

Each phase of our vision requires donor support for new facility acquisition, service and staff ramp-up, partner enablement and supporting systems and materials.



"Loudoun Serenity house has given me the tools and structure needed to maintain my sobriety. I am blessed and privileged to have the opportunity to start a new life." – Megan A.

Scan this QR code or go to: https://givebutter.com/loudoun-serenity-house







### **CONTACT US**

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Best Life

# About Loudoun Serenity House

Established in 2018, Loudoun Serenity House is a 501(c)(3) charitable organization located 40 miles west of Washington, DC, in the town of Leesburg, Virginia.

Loudoun Serenity House provides high quality affordable recovery residential services, peer-based mentoring, education and advocacy to enhance the lives of people seeking recovery from substance use disorder (SUD) and mental health.

Our two transitional recovery houses support up to eight (8) adult women and six (6) adult men from any geographic location with at least 30 days of sobriety who have completed a treatment program with a primary diagnosis of substance use disorder (SUD).

Our Recovery Community Center in Leesburg welcomes those in our community seeking assistance with substance use disorder (SUD) and access to recovery and wellness services.

Our endowment is held at the Community Foundation for Loudoun and Northern Fauguier Counties.

We are accredited by the Virginia Association of Recovery Residencies (VARR).





"In 2023, the 2 most important community health issues were mental health problems and alcohol, drug and opiate abuse."

– Virginia Dept. of Health

## **Recovery Programs**

**Recovery Housing:** Safe and affordable Virginia state certified Level 2 transitional recovery housing for women and men in Leesburg.

**Peer Support Services:** Engage with our compassionate Peer Recovery Specialists, who offer support and share their own recovery stories in a welcoming, judgment-free setting.

**Recovery Groups:** Join any of our numerous weekly meetings focused on recovery and wellness. We support diverse recovery pathways to suit individual needs and preferences.

**Recovery Education:** Benefit from insightful presentations by experts who bring evidence-based approaches to recovery.

**Recovery Community Center:** Connecting to local resources and tailored assistance to help individuals access essential services, including treatment, detox, sobriety support.

**Recovery Connections:** Recovery related social activities for participants and the community.

Participate in various social activities designed to strengthen community ties and support ongoing recovery.

# The Power of Peer Recovery

Research shows that peer support improves wellbeing, with larger support networks, fewer hospital stays, and improved confidence and social skills. Our Peer Recovery Specialists share their lived experience and encourage our clients with empathy, boosting self-esteem and creating an atmosphere of mutuality.

Our growing team of dedicated staff are credentialed as Certified Virginia Peer Recovery Specialists (PRS) and are in long-term recovery from SUD. We also enjoy countless hours of volunteer help from individuals and assistance from our extensive community partner network.

## **Our Strategic Vision**

Our vision is to help people with substance use disorder and the broader community find recovery solutions to reach their full potential.

We work with over 100 substance use and mental health partners, and our Recovery Community Organization (RCO) provides all-inone coordination for those seeking early recovery programs, resources, and support.

There is an urgent need for more SUD recovery services in Loudoun County and surrounding areas. We are expanding quickly and have a five-phase strategy to deliver more services.

We are generously supported by these leading foundations and government organizations.

















